

<b>Clinical Policy Title:</b>	Step Therapy Exception Criteria
<b>Policy Number:</b>	RxA.28
<b>Drug(s) Applied:</b>	<i>This policy is limited to the requests for drugs on the plan's formulary with a step therapy restriction which do not meet step therapy requirements</i>
<b>Original Policy Date:</b>	03/06/2020
<b>Last Review Date:</b>	03/09/2021
<b>Line of Business Policy Applies to:</b>	All lines of business

### Clinical Policy

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

#### I. Initial Approval Criteria (must meet all):

1. The drugs must be prescribed for any medically accepted indications. Medically accepted indications are defined using the following compendia resources: The Food and Drug Administration (FDA) approved indication(s) (Drug Package Insert), American Hospital Formulary Service Drug Information (AHFS-DI), and DRUGDEX Information System with a Class I, IIa, or IIb strength of evidence. The reviewer may also reference disease state specific clinical practice guidelines published by a professional society or organization, with recommendations assigned Grading of Recommendations Assessment, Development and Evaluation (GRADE) system ratings of "Strong" based on "Moderate" or "High" quality evidence.
2. Failure of at least two formulary agents within the same therapeutic class or formulary drugs that are recognized as standards of care for the treatment of the same diagnosis, each trialed for at least 30 days, unless all are contraindicated or clinically significant adverse effects are experienced. If only one FDA-approved drug exists, member only need to demonstrate failure of an adequate trial of that drug.
3. Dose does not exceed FDA approved maximum recommended dose.

#### Approval Duration

**Commercial:** 12 months

**Medicaid:** 12 months

#### II. Continued Therapy Approval (must meet all):

1. Currently receiving medication that has been authorized by RxAdvance or member has previously met initial approval criteria listed in this policy.
2. If request is for a dose increase, new dose does not exceed the FDA approved maximum recommended dose.

#### Approval Duration

**Commercial:** 12 months

**Medicaid:** 12 months

Review/Revision History	Review/Revised Date	P&T Approval Date
Policy was revised/reviewed.	02/2020	03/06/2020
Policy was reviewed.	05/2020	05/21/2020

This clinical policy has been developed to authorize, modify, or determine coverage for individuals with similar conditions. Specific care and treatment may vary depending on individual need and benefits covered by the plan. This policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. This document may contain prescription brand name drugs that are trademarks of pharmaceutical manufacturers that are not affiliated with RxAdvance.

<p>Continued Therapy Approval criteria II.1 was rephrased to “Currently receiving medication that has been authorized by RxAdvance...”</p>		
<p>Policy was reviewed:</p> <ol style="list-style-type: none"> <li>1. Clinical Policy Title Table was updated.</li> <li>2. Line of Business Policy Applies to was update to all lines of business.</li> <li>3. Added “If only one FDA-approved drug exists, member only need to demonstrate failure of an adequate trial of that drug” to criteria I.2.</li> </ol>	<p>1/26/2021</p>	<p>03/09/2021</p>