

<b>Clinical Policy Title:</b>	baricitinib
<b>Policy Number:</b>	RxA.740
<b>Drug(s) Applied:</b>	Olumiant®
<b>Original Policy Date:</b>	04/18/2022
<b>Last Review Date:</b>	12/11/2025
<b>Line of Business Policy Applies to:</b>	All lines of business (except Medicare)

## Criteria

### I. Initial Approval Criteria

#### A. Rheumatoid Arthritis (must meet all):

1. Diagnosis of Rheumatoid Arthritis (RA);
2. Minimum duration of a 3-month trial and failure to one (1) conventional systemic therapy (methotrexate [MTX], sulfasalazine, leflunomide, hydroxychloroquine), unless contraindicated or clinically significant adverse effects are experienced;
3. Member meets both (a and b):
  - a. Trial and failure of at least two (2) of the following agents: adalimumab (Abrilada™, Hadlima™ or adalimumab-aaty), Cimzia®, Enbrel®, Rinvoq®\*, Simponi®/ Simponi Aria®, or Xeljanz®/ XR\* unless contraindicated or clinically significant adverse effects are experienced;
  - b. Trial and failure of both Actemra® and Orenzia® unless contraindicated or clinically significant adverse effects are experienced.

#### Approval Duration

**All Lines of Business (except Medicare):** 12 months, Split-fill

#### B. Coronavirus-19 Infection:

1. Initiation of outpatient treatment will not be authorized as Olumiant is FDA-approved for use in a hospitalized setting.

**Approval duration:** Not applicable

#### C. Alopecia Areata (must meet all):

1. Documented diagnosis of alopecia areata (AA)
2. Patient does not have a diffuse hair loss pattern or other forms of alopecia such as androgenetic alopecia, chemotherapy-induced hair loss, trichotillomania, or telogen effluvium;
3. SALT score of  $\geq 50$ ;
4. Condition has lasted  $\geq 6$  months without spontaneous regrowth;
5. Inadequate response or relapse after receiving one of the following therapies unless contraindicated or side effects experienced: (a, b, c, or d)
  - a. Trial of high potency corticosteroid therapy via oral, topical, or intralesional injection route
  - b. Trial of topical immunotherapy (e.g. DPCP [diphenylcyclopropenone] or SADBE [squaric acid dibutyl ester])
  - c. Trial of conventional oral immunosuppressant (e.g. methotrexate, cyclosporine, azathioprine)

This clinical policy has been developed to authorize, modify, or determine coverage for individuals with similar conditions. Specific care and treatment may vary depending on individual need and benefits covered by the plan. This policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. This document may contain prescription brand name drugs that are trademarks of pharmaceutical manufacturers that are not affiliated with RxAdvance.

- d. Trial of hydroxychloroquine, Anthralin, ketoconazole shampoo, or minoxidil

**Approval Duration**

**All Lines of Business (except Medicare):** 6 months, Split-fill

**II. Continued Therapy Approval**

**A. Rheumatoid Arthritis (must meet all):**

- 1. Auto-approval based on lookback functionality within the past 120 days as a proxy for member responding positively to therapy with RxAdvance initial approval.

**Approval Duration**

**All Lines of Business (except Medicare):** 12 months

**B. Coronavirus-19 Infection:**

- 1. Continuation of therapy in the outpatient setting will not be authorized as Olumiant is FDA-approved for use in a hospitalized setting for 14 days or until discharged from the hospital, whichever comes first.

**Approval duration:** Not applicable

**C. Alopecia Areata:**

- 1. Auto-approval based on lookback functionality within the past 120 days as a proxy for member responding positively to therapy with RxAdvance initial approval

**Approval duration:**

**All Lines of Business (except Medicare):** 12 months

**References**

1. Aletaha D, Neogi T, Silman AJ, et al. 2010 Rheumatoid Arthritis Classification Criteria: an American College of Rheumatology/European league against rheumatism collaborative initiative. Arthritis and Rheumatism September 2010;62(9):2569-2581. Available at: <https://pubmed.ncbi.nlm.nih.gov/20872595/>. Accessed November 25, 2024.
2. Singh H, Kumar H, Handa R, Talapatra P, Ray S, Gupta V. Use of clinical disease activity index score for assessment of disease activity in rheumatoid arthritis patients: an indian experience. Arthritis. 2011;2011:146398. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3254008/>. Accessed November 25, 2024.
3. El-Haddad C, Castrejon I, Gibson KA, Yazici Y, Bergman MJ, Pincus T. MDHAQ/RAPID3 scores in patients with osteoarthritis are similar to or higher than in patients with rheumatoid arthritis: a cross-sectional study from current routine rheumatology care at four sites. RMD Open. 2017;3(1):e000391. Available at: [https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5708309/#:~:text=RAPID3%20is%20a%20composite%20index,comprising%20a%20%E2%80%9330%20score.&text=Higher%20scores%20indicate%20poorer%20status,near%20remission%20\(%E2%89%A43\)](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5708309/#:~:text=RAPID3%20is%20a%20composite%20index,comprising%20a%20%E2%80%9330%20score.&text=Higher%20scores%20indicate%20poorer%20status,near%20remission%20(%E2%89%A43)). Accessed November 25, 2024.

Review/Revision History	Review/Revision Date	P&T Approval Date
1. RxA.592.Biologic_DMARDs was last reviewed and updated on 01/05/2022 and archived on 04/18/2022. For details, please refer to RxA.592.Biologic_DMARDs.	01/05/2022	04/18/2022

<p>Drug specific policy for Olumiant was created based on RxA.592.Biologic_DMARDs</p> <ol style="list-style-type: none"> <li>1. Initial Approval Criteria I.A.5: Updated to remove prior trial and failure criteria “Failure of two (2) of the following, each used for ≥ 3 months, unless contraindicated or clinically significant adverse effects are experienced: Humira®, Cimzia®, Inflectra®, Rinvoq™, Renflexis™, Simponi®, Simponi Aria®, or Xeljanz®/ Xeljanz XR®.”</li> <li>2. Initial Approval Criteria I.A.5: Updated to include new trial and failure criteria “Member meets both (a and b):             <ol style="list-style-type: none"> <li>a. Trial and failure of at least two (2) of the following agents: Humira®, Cimzia®, Rinvoq®, Simponi®/ Simponi Aria®, or Xeljanz®/ XR unless contraindicated or clinically significant adverse effects are experienced; Exception: If a total of two TNF inhibitors (Humira®, Cimzia®, Simponi®/ Simponi Aria®, Enbrel®) has previously been tried and failed, trial of a third TNF inhibitor is not required;</li> <li>b. Trial and failure of both Actemra® and Orencia® unless contraindicated or clinically significant adverse effects are experienced”</li> </ol> </li> <li>3. References were reviewed and updated.</li> </ol>	02/11/2022	04/18/2022
<p>Policy was reviewed:</p> <ol style="list-style-type: none"> <li>1. Initial Approval Criteria, I.A.5.a: Updated trial and failure criteria to include drug Enbrel®.</li> <li>2. Approval Criteria, I.A.5.a: Updated to remove exception about trial and failure criteria “*Exception: If a total of two TNF inhibitors (Humira®, Cimzia®, Simponi®/ Simponi Aria®, Enbrel®) has previously been tried and failed, trial of a third TNF inhibitor is not required.”</li> <li>3. Initial Approval Criteria, I.A.6: Updated to include new documentation criteria             <ol style="list-style-type: none"> <li>a. Clinical disease activity index (CDAI) score (see Appendix D).</li> <li>b. Routine assessment of patient index data 3 (RAPID3) score (see Appendix D).</li> </ol> </li> <li>4. Initial Approval Criteria, I.B: Updated to include approval criteria for indication, Coronavirus-19 Infection.</li> <li>5. Initial Approval Criteria, I.C.: Updated to include approval criteria for indication, Alopecia Areata.</li> </ol>	10/03/2022	10/19/2022

<p>6. Continued Therapy Approval Criteria II.B: Updated to include approval criteria for indication, Coronavirus-19 Infection.</p> <p>7. Continued Therapy Approval Criteria II.C: Updated to include approval criteria for indication, Alopecia Areata.</p> <p>8. References were reviewed and updated.</p>		
<p>Policy was reviewed:</p> <p>1. Initial Approval Criteria I.A.5.a: Updated to add *Trial of Xeljanz/XR®, Rinvoq® requires inadequate response to one or more TNF inhibitors</p> <p>2. Initial Approval Criteria I.C.7: Updated to remove Member has tried at least one of the following for alopecia areata (a or b):</p> <p>a. Systemic therapies (e.g., corticosteroids, methotrexate, cyclosporine)</p> <p>b. Topical corticosteroids</p> <p>3. References were reviewed and updated.</p>	01/05/2023	01/17/2023
<p>Policy was reviewed:</p> <p>1. Initial Approval Criteria, I.A.5.a: Updated trial and failure criteria to include new drug Amjevita™.</p> <p>2. References were reviewed and updated.</p>	04/05/2023	04/13/2023
<p>Policy was reviewed:</p> <p>1. Removed prior age criteria.</p> <p>2. Removed Exception criteria from trial and failure for RA.</p> <p>3. Updated trial and failure criteria to include Humira biosimilar.</p> <p>4. Removed requirement for documentation of CDAI and RAPID3 score criteria.</p> <p>5. Removed prior dosing criteria.</p> <p>6. Updated approval duration.</p> <p>7. Removed Alopecia Areata indication.</p> <p>8. Removed reauthorization requirement for positive response to therapy.</p> <p>9. References were reviewed and updated.</p>	01/01/2024	01/01/2024
<p>Policy was reviewed:</p> <p>1. I.A.3: Removed at up to maximally indicated doses</p>	04/02/2024	
<p>Policy was reviewed:</p> <p>1. Removed prescriber restrictions.</p> <p>2. Updated adalimumab biosimilars.</p> <p>3. Added “Split-fill” to initial criteria approval duration.</p>	11/25/2024	12/05/2024

<ul style="list-style-type: none"> <li>4. Updated Continued therapy approval to “Member is currently receiving medication that has been authorized..”</li> <li>5. References were reviewed and updated.</li> </ul>		
<p>Policy reviewed:</p> <ul style="list-style-type: none"> <li>1. Adding Alopecia Areata diagnosis</li> </ul>	<p>11/20/2025</p>	<p>12/11/2025</p>