

<b>Clinical Policy Title:</b>	edaravone
<b>Policy Number:</b>	RxA.260
<b>Drug(s) Applied:</b>	Radicava®
<b>Original Policy Date:</b>	02/07/2020
<b>Last Review Date:</b>	06/10/2021
<b>Line of Business Policy Applies to:</b>	All lines of business

## Background

Edaravone (Radicava®) is a member of the substituted 2-pyrazolin-5-one class that acts as a free radical scavenger of peroxy radicals and peroxynitrite. It is indicated for the treatment of amyotrophic lateral sclerosis (ALS).

## Dosing Information

Drug Name	Indication	Dosing Regimen	Maximum Dose
edaravone (Radicava®)	Amyotrophic Lateral Sclerosis	60 mg intravenous over 60 minutes at an infusion rate of approximately 1 mg/3.33mL per minute as follows: <ul style="list-style-type: none"> <li>Initial treatment cycle: daily dosing for 14 days followed by a 14-day drug-free period.</li> <li>Subsequent treatment cycles: daily dosing for 10 days out of 14-day periods, followed by 14-day drug-free periods.</li> </ul>	60 mg/day

## Dosage Forms

- Single-dose polypropylene bag for injection: 30 mg/100mL

## Clinical Policy

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria. The provision of provider samples does not guarantee coverage under the terms of the pharmacy benefit administered by RxAdvance. All criteria for initial approval must be met in order to obtain coverage.

### I. Initial Approval Criteria

#### A. Amyotrophic Lateral Sclerosis (must meet all):

1. Diagnosis of definite or probable ALS per El Escorial diagnostic criteria (see Appendix D);

This clinical policy has been developed to authorize, modify, or determine coverage for individuals with similar conditions. Specific care and treatment may vary depending on individual need and benefits covered by the plan. This policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. This document may contain prescription brand name drugs that are trademarks of pharmaceutical manufacturers that are not affiliated with RxAdvance.

2. Prescribed by or in consultation with a neurologist;
3. Age 20 years or older;
4. Concomitant use of riluzole (at maximally indicated doses) unless contraindicated or clinically significant adverse effects are experienced;
5. Independent living status (defined as patients who can eat a meal, excrete, or move with oneself alone, and do not need assistance in everyday life);
6. Forced vital capacity of 80% or greater;
7. Disease duration of 2 years or less;
8. Baseline revised ALS Functional Rating Scale (ALSFRS-R) score with 2 points or greater in each of the 12 items (see Appendix D);
9. Dose does not exceed 60 mg per day for:
  - a. Initial treatment cycle: daily dosing for 14 days followed by a 14-day drug-free period;
  - b. Subsequent treatment cycles: daily dosing for 10 days out of 14-day periods, followed by 14-day drug-free periods.

**Approval Duration**

**Commercial:** 6 months

**Medicaid:** 6 months

**II. Continued Therapy Approval**

**A. Amyotrophic Lateral Sclerosis (must meet all):**

1. Member is currently receiving medication that has been authorized by RxAdvance or the member has met initial approval criteria listed in this policy;
2. Member is responding positively to therapy;
3. Patient continues to meet the following criteria:
  - a. Independent living status;
  - b. Forced vital capacity of 80% or greater;
  - c. Revised ALSFRS-R score with 2 points or greater in each of the 12 items;
4. **If request is for a dose increase, new** dose does not exceed 60 mg per day for each cycle consisting of daily dosing for 10 days out of 14-day periods, followed by 14-day drug-free periods.

**Approval Duration**

**Commercial:** 6 months

**Medicaid:** 6 months

**III. Appendices**

**APPENDIX A: Abbreviation/Acronym Key**

ALS: Amyotrophic Lateral Sclerosis  
 ALSFRS-F: revised ALS Functional Rating Scale  
 FDA: Food and Drug Administration  
 LMN: Lower Motor Neuron  
 UMN: Upper Motor Neuron

**APPENDIX B: Therapeutic Alternatives**

*Below are suggested therapeutic alternatives based on clinical guidance. Please check drug formulary for preferred agents and utilization management requirements.*

Drug Name	Dosing Regimen	Dose Limit/Maximum Dose
riluzole (Rilutek®)	50 mg orally twice a day	100 mg/day

*Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.*

**APPENDIX C: Contraindications/Boxed Warnings**

- Contraindication(s):
  - Patients with a history of hypersensitivity to edaravone or any of the inactive ingredients in Radicava®.
- Boxed Warning(s):
  - None.

**APPENDIX D: General Information**

- The ALSFRS-R scale consists of 12 questions that evaluate the fine motor, gross motor, bulbar, and respiratory function of patients with ALS (speech, salivation, swallowing, handwriting, cutting food, dressing/hygiene, turning in bed, walking, climbing stairs, dyspnea, orthopnea, and respiratory insufficiency). Each item is scored from 0-4, with higher scores representing greater functional ability.
- Revised El Escorial diagnostic criteria for amyotrophic lateral sclerosis requires the presence of:
  - a. Signs of lower motor neuron (LMN) degeneration by clinical, electrophysiological or neuropathologic examination,
  - b. Signs of upper motor neuron (UMN) degeneration by clinical examination, and
  - c. Progressive spread of signs within a region or to other regions, together with the absence of:
    - a. Electrophysiological evidence of other disease processes that might explain the signs of LMN and/or UMN degenerations; and
    - b. Neuroimaging evidence of other disease processes that might explain the observed clinical and electrophysiological signs.
- The definitions of amyotrophic lateral sclerosis diagnoses provided by the El Escorial criteria are as follows:

El Escorial criteria, 1994	
<b>Definite</b> amyotrophic lateral sclerosis	Upper and lower motor neuron signs in three regions
<b>Probable</b> amyotrophic lateral sclerosis	Upper and lower motor neuron signs in at least two regions, with upper motor neuron signs rostral to lower motor neuron signs
<b>Possible</b> amyotrophic lateral sclerosis	Upper and lower motor neuron signs in one region, upper motor neuron signs alone in two or more regions, or lower motor neuron signs rostral to upper motor neuron signs
<b>Suspected</b> amyotrophic lateral sclerosis	Lower motor neuron signs only, in two or more regions

- Two pivotal phase III trials that were conducted in Japan were used for the approval of edaravone in the USA. One of the phase III trials of edaravone found no statistically significant difference in delay of ALS progression, but a post-hoc analysis found that a certain subset of patients may benefit. Based on the post-hoc analysis, the second phase III was performed with a much more strict eligibility criteria and found a statistically significant difference in ALS progression in favor of edaravone. Therefore, patients not meeting the strict eligibility criteria at any time (at the time of initial or continued approval) can be assumed that no benefit will be provided by the use of edaravone for the treatment of amyotrophic lateral sclerosis until further studies support its use in a wider population with ALS.

**References**

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3. Abe K, Itoyama Y, Sobue G, et al. Confirmatory double-blind, parallel-group, placebo-controlled study of efficacy and safety of edaravone (MCI-186) in amyotrophic lateral sclerosis patients. *Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration*. 2014;15(7-8), 610-617.
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5. Anderson PM, Borasio GD, Dengler R, et al. Good practice in the management of amyotrophic lateral sclerosis: Clinical guidelines. An evidence-based review with good practice points. EALSC Working Group. *Amyotrophic Lateral Sclerosis*. 2007; 8:195-231.
6. Hardiman O, van den Berg LH, and Kiernan MC. Clinical diagnosis and management of amyotrophic lateral sclerosis. *Nature Reviews Neurology* 2011; 7: 639-649. doi:10.1038/nrneurol.2011.153
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Review/Revision History	Review/Revised Date	P&T Approval Date
Policy established.	01/2020	02/07/2020
Policy reviewed. <ol style="list-style-type: none"> <li>1. Formatting updated.</li> <li>2. References updated.</li> <li>3. Clinical Policy Title updated.</li> <li>4. Drug(s) Applied updated.</li> <li>5. Line of Business updated.</li> <li>6. Continued therapy criteria II.A.1 was rephrased to "Currently receiving medication that has been authorized by RxAdvance..."</li> </ol>	06/21/2020	09/14/2020
Policy was reviewed: <ol style="list-style-type: none"> <li>1. Policy title table updated.</li> <li>2. Clinical policy section standard verbiage was updated to include "The provision of prescriber samples...".</li> <li>3. Initial therapy criteria I.A.8 was updated to reference Appendix D.</li> <li>4. Continued therapy criteria II.A.1 was rephrased to "Member is currently receiving medication that has been authorized by RxAdvance...".</li> <li>5. Appendix B for therapeutic alternatives standard verbiage was updated to "Below are suggested therapeutic alternatives based on clinical guidance...".</li> <li>6. Appendix C was updated from "general information" to</li> </ol>	04/22/2021	06/10/2021

<p>“contraindications/boxed warnings” and updated. Information previously here moved to newly created Appendix D for general information and updated for clarity.</p> <p>7. References were updated.</p>		
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