

Clinical Policy Title:	romosozumab-aqqg
Policy Number:	RxA.380
Drug(s) Applied:	Evenity®
Original Policy Date:	03/06/2020
Last Review Date:	09/14/2021
Line of Business Policy Applies to:	All lines of business

Background

Romosozumab-aqqg (Evenity®) is a sclerostin inhibitor. It is indicated for the treatment of osteoporosis in postmenopausal women at high risk for fracture, defined as a history of osteoporotic fracture, or multiple risk factors for fracture; or patients who have failed or are intolerant to other available osteoporosis therapy.

Limitation(s) of use: Limit duration of use to 12 monthly doses. If osteoporosis therapy remains warranted, continued therapy with an anti-resorptive agent should be considered.

Dosing Information

Drug Name	Indication	Dosing Regimen	Maximum Dose
romosozumab-aqqg (Evenity®)	Osteoporosis	210 mg (2 prefilled syringes) subcutaneously once every month	210 mg/month for up to 12 months cumulative use

Dosage Forms

- Prefilled syringe: 105 mg/1.17 mL.

Clinical Policy

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria. The provision of provider samples does not guarantee coverage under the terms of the pharmacy benefit administered by RxAdvance. All criteria for initial approval must be met in order to obtain coverage.

I. Initial Approval Criteria

A. Osteoporosis (must meet all):

1. Diagnosis of osteoporosis;
2. Prescribed by orthopaedics;
3. Age 18 years of age or older;
4. Member is a postmenopausal female and (a or b)
 - a) Member is at very high risk for fracture (i or ii):
 - i. BMD T-score at hip or spine \leq -3.5;
 - ii. BMD T-score at hip or spine \leq -2.5 AND major osteoporotic fracture (i.e., hip, spine, forearm, wrist, humerus);

This clinical policy has been developed to authorize, modify, or determine coverage for individuals with similar conditions. Specific care and treatment may vary depending on individual need and benefits covered by the plan. This policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. This document may contain prescription brand name drugs that are trademarks of pharmaceutical manufacturers that are not affiliated with RxAdvance.

- b) Member has completed a 3-year trial of bisphosphonate therapy (alendronate is preferred) at up to maximally indicated doses unless contraindicated or clinically significant adverse effects are experienced to both intravenous and oral formulations;(see Appendix D);

*Prior authorization may be required for bisphosphonates.

- 5. Dose does not exceed 210 mg (2 prefilled syringes) per month.

Approval duration

Commercial: 6 months (limited to 12 months cumulative use per lifetime)

Medicaid: 6 months (limited to 12 months cumulative use per lifetime)

II. Continued Therapy Approval

A. Osteoporosis (must meet all):

- 1. Member is currently receiving medication that has been authorized by RxAdvance or member has previously met initial approval criteria listed in this policy;
- 2. Member is responding positively to therapy;
- 3. If request is for a dose increase, new dose does not exceed 210 mg (2 prefilled syringes) per month.

Approval duration

Commercial: 6 months (limited to 12 months cumulative use per lifetime)

Medicaid: 6 months (limited to 12 months cumulative use per lifetime)

III. Appendices

APPENDIX A: Abbreviation/Acronym Key

BMD: bone mineral density

FDA: Food and Drug Administration

APPENDIX B: Therapeutic Alternatives

Below are suggested therapeutic alternatives based on clinical guidance. Please check drug formulary for preferred agents and utilization management requirements.

Drug Name	Dosing Regimen	Dose Limit/Maximum Dose
alendronate (Fosamax®)	Osteoporosis 10 mg orally once daily or 70 mg orally every week	Osteoporosis 10 mg/day or 70 mg/week
	Glucocorticoid-induced osteoporosis 5 mg orally once daily or 10 mg orally once daily (in postmenopausal women not receiving estrogen)	Glucocorticoid-induced osteoporosis 5 mg/day or 10 mg/day (in postmenopausal women not receiving estrogen)
	Osteoporosis prophylaxis 5 mg orally once daily or 35 mg orally every week	Osteoporosis prophylaxis 5 mg/day or 35 mg/week
Fosamax® Plus D (alendronate/ cholecalciferol)	Osteoporosis: 70 mg alendronate/2,800 units cholecalciferol or 70 mg alendronate/5,600 units cholecalciferol orally every week	Osteoporosis: 70 mg alendronate/5,600 units cholecalciferol/week

Drug Name	Dosing Regimen	Dose Limit/Maximum Dose
risedronate (Actonel®, Atelvia®)	Osteoporosis (including prophylaxis) 5 mg orally once daily or 35 mg orally every week or 75 mg orally once daily for 2 consecutive days for 2 doses/month or 150 mg orally every month Glucocorticoid-induced osteoporosis: 5 mg orally once daily	Osteoporosis (including prophylaxis): 5 mg/day or 35 mg/week or 75 mg/day for 2 days per month or 150 mg/month Glucocorticoid-induced osteoporosis: 5 mg/day
zoledronic acid (Reclast®)	Postmenopausal osteoporosis, men with osteoporosis, glucocorticoid-induced osteoporosis: 5 mg intravenously every year Postmenopausal osteoporosis prophylaxis: 5 mg intravenously every 2 years	Postmenopausal osteoporosis, men with osteoporosis, glucocorticoid-induced osteoporosis: 5 mg/year Postmenopausal osteoporosis prophylaxis: 5 mg/2 years
ibandronate (Boniva®)	Postmenopausal osteoporosis: 150 mg orally every month or 3 mg intravenously every 3 months Postmenopausal osteoporosis prophylaxis: 150 mg orally every month	150 mg/month or 3 mg/3 months

Therapeutic alternatives are listed as generic (Brand name®) when the drug is available by both generic and brand, Brand name® when the drug is available by brand only and generic name when the drug is available by generic only.

APPENDIX C: Contraindications/Boxed Warnings

- Contraindication(s):
 - Pre-existing hypocalcemia must be corrected prior to initiating therapy with Evenity®.
 - A history of systemic hypersensitivity to romosozumab or to any component of the product formulation. Reactions have included angioedema, erythema multiforme, and urticaria.

- Boxed Warning(s):
 - Evenity® may increase the risk of myocardial infarction, stroke, and cardiovascular death.
 - Evenity® should not be initiated in patients who have had a myocardial infarction or stroke within the preceding year. Consider whether the benefits outweigh the risks in patients with other cardiovascular risk factors.
 - If a patient experiences a myocardial infarction or stroke during therapy, Evenity® should be discontinued.

APPENDIX D: General Information

1. IV/PO Bisphosphonates: Examples of Contraindications and Adverse Effect:

Bisphosphonates	Oral Formulations	IV Formulations
Contraindications		
Hypocalcemia	X	X
Increased risk of aspiration	X	-
Hypersensitivity to product component	X	X
Inability to stand/sit upright for at least 30 minutes	X	-
Creatinine clearance < 35 mL/min or evidence of acute renal impairment	-	X
Esophagus abnormalities which delay emptying such as stricture or achalasia	X	-
Clinically significant warnings or adverse side effects		
Pregnancy	X	X
Eye inflammation	X	X
Acute renal failure	X	X
Osteonecrosis of the jaw	X	X
Atypical femoral shaft fracture	X	X
Drug interactions (product-specific)	X	X
Severe or incapacitating musculoskeletal pain	X	X

2. The World Health Organization uses the following classifications for osteoporosis and osteopenia:

Category	T-Score
Normal	-1.0 or above
Low bone mass (osteopenia)	Between -1.0 and -2.5
Osteoporosis	-2.5 or below

IV. References

1. Evenity® Prescribing Information. Thousand Oaks, CA; Amgen Inc.; April 2020. Available at: <https://www.evenity.com/>. Accessed May 31, 2021.
2. Camacho PM, Petak SM, Binkley N, et al. American Association of Clinical Endocrinologists and American College of Endocrinology clinical practice guidelines for the diagnosis and treatment of postmenopausal osteoporosis – 2016 – executive summary. Endocr Pract. 2016 Sep;22(9):1111-8. doi: 10.4158/EP161435.ESGL. Available at <https://www.ncbi.nlm.nih.gov/pubmed/27643923> . Accessed May 31, 2021.

3. Eastell R, Rosen CJ, Black DM, et al. Pharmacological Management of osteoporosis in postmenopausal women: An Endocrine Society clinical practice guideline. J Clin Endocrinol Metab. 2019 May 1;104(5):1595-1622. doi: 10.1210/jc.2019-00221. Available at <https://www.ncbi.nlm.nih.gov/pubmed/30907953> . Accessed May 31, 2021.
4. Siris ES, Adler R, Bilezikian J, et al. The clinical diagnosis of osteoporosis: a position statement from the National Bone Health Alliance Working Group. Osteoporos Int (2014) 25:1439–1443. DOI 10.1007/s00198-014-2655-z.
5. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2019. Available at: <http://www.clinicalpharmacology-ip.com/>.
6. Hodsman AB, Bauder DC, Dempster DW, et al. Parathyroid hormone and teriparatide for the treatment of osteoporosis: a review of the evidence and suggested guidelines for its use. Endocr Rev. 2005 Aug;26(5):688-703. Epub 2005 Mar 15.

Review/Revision History	Review/Revision Date	P&T Approval Date
Policy established.	01/2020	03/06/2020
<p>Policy was reviewed:</p> <ol style="list-style-type: none"> 1. Clinical Policy Title was updated. 2. Line of Business Policy Applies to was updated to all lines of business. 3. In Initial approval criteria I.A.3 “very high fracture risk or 3- year bisphosphonate trial added with required contraindication to both PO/IV formulations; specialists removed; “Failure of a 12-month trial of bisphosphonate...”; removed as per updated PI. 4. In continued therapy criteria II.A.1.was rephrased to “Currently receiving medication that has been authorized by RxAdvance...” 5. Updated Appendix D: added IV/PO Bisphosphonates- Examples of Contraindications and Adverse Effect 6. References were reviewed and updated. 	06/26/2020	09/14/2020
<p>Policy was reviewed:</p> <ol style="list-style-type: none"> 1. Statement about provider sample “The provision of provider samples does not guarantee coverage...” was added to Clinical Policy. 2. Initial Approval Criteria I.A.2 was updated to include prescriber criteria, “Prescribed by orthopaedics”. 3. Initial Approval Criteria and Continued Therapy Approval Criteria were updated to remove HIM approval duration. 	5/31/2021	09/14/2021

<ol style="list-style-type: none">4. Continued Therapy Approval Criteria II.A.1 was rephrased to "Member is currently receiving medication that has been authorized by RxAdvance...".5. Therapeutic Alternatives verbiage was rephrased to "Below are suggested therapeutic alternatives based on clinical guidance..".6. Statement about drug listing format in Appendix B is rephrased to "Therapeutic alternatives are listed as generic (Brand name®) when the drug is available by both generic and brand; Brand name® when the drug is available by brand only and generic name when the drug is available by generic only".7. References were reviewed and updated.		
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