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| Clinical Policy Title: | darolutamide |
| Policy Number: | RxA.414 |
| Drug(s) Applied: | Nubeqa® |
| Original Policy Date: | 03/06/2020 |
| Last Review Date: | 09/14/2021 |
| Line of Business Policy Applies to: | All lines of business |

Background

Darolutamide (Nubeqa®) is an androgen receptor inhibitor. It is indicated for the treatment of patients with non-metastatic castration-resistant prostate cancer (nmCRPC).

Dosing Information

| Drug Name | Indication | Dosing Regimen | Maximum Dose |
|------------------------|------------|---|--------------|
| darolutamide (Nubeqa®) | nmCRPC | 600 mg orally twice daily For severe renal and hepatic impairment recommended dose is 300 mg twice daily | 1,200 mg/day |

Dosage Forms

- Tablet: 300 mg

Clinical Policy

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria. The provision of provider samples does not guarantee coverage under the terms of the pharmacy benefit administered by RxAdvance. All criteria for initial approval must be met in order to obtain coverage.

I. Initial Approval Criteria

A. Prostate Cancer (must meet all):

1. Diagnosis of nmCRPC;
2. Prescribed by or in consultation with an oncologist or urologist;
3. Age ≥ 18 years;
4. Member meets (a or b):
 - a. Nubeqa® is prescribed concurrently with gonadotropin-releasing hormone (GnRH) analog therapy (see Appendix D);*
 - b. Member has undergone a bilateral orchiectomy;
5. Request meets one of the following (a or b):*
 - a. Dose does not exceed 1,200 mg (4 tablets) per day;

This clinical policy has been developed to authorize, modify, or determine coverage for individuals with similar conditions. Specific care and treatment may vary depending on individual need and benefits covered by the plan. This policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. This document may contain prescription brand name drugs that are trademarks of pharmaceutical manufacturers that are not affiliated with RxAdvance.

- b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (prescriber must submit supporting evidence).

*Prescribed regimen must be FDA-approved or recommended by NCCN. **Approval Duration**

Commercial: 12 months

Medicaid: 12 months

II. Continued Therapy Approval

A. Prostate Cancer (must meet all):

1. Member is currently receiving medication that has been authorized by RxAdvance, or documentation supports that member is currently receiving Nubeqa® for nmCRPC and has received this medication for at least 30 days;
2. Member is responding positively to therapy with no evidence of metastases;
3. If request is for a dose increase, request meets one of the following (a or b):*
 - a. New dose does not exceed 1,200 mg (4 tablets) per day;
 - b. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (prescriber must submit supporting evidence).

*Prescribed regimen must be FDA-approved or recommended by NCCN.

Approval Duration

Commercial: 12 months

Medicaid: 12 months

III. Appendices

APPENDIX A: Abbreviation/Acronym Key

CRPC: Castration-Resistant Prostate Cancer

NCCN: National Comprehensive Cancer Network

FDA: Food and Drug Administration

GnRH: Gonadotropin-Releasing Hormone

nm: Non-Metastatic

LHRH: Luteinizing-Hormone Releasing- Hormone

APPENDIX B: Therapeutic Alternatives

Not applicable

APPENDIX C: Contraindications/Boxed Warnings

- Contraindication(s):
 - None reported.
- Boxed warning(s):
 - None reported.

APPENDIX D: General Information

- CRPC is prostate cancer that progresses clinically, radiographically, or biochemically despite castrate levels of serum testosterone (< 50 ng/dL).
- Examples of androgen deprivation therapy for non-metastatic, castration-naïve prostate cancer include:
 - Orchiectomy (surgical castration)
 - Luteinizing-hormone releasing-hormone (LHRH) agonist given with or without a first-generation anti-androgen:
 - LHRH agonists: Zoladex® (goserelin), Vantas® (histrelin), leuprolide (Lupron Depot® or Eligard®),

and Trelstar® (triptorelin)

- Anti-androgens: bicalutamide (Casodex®), flutamide, and nilutamide (Nilandron®)

LHRH antagonist: Firmagon® (degarelix)

- Embryo-Fetal Toxicity: Nubeqa® can cause fetal harm and loss of pregnancy. Advise males with female partners of reproductive potential to use effective contraception.

References

1. Nubeqa Prescribing Information. Whippany, NJ: Bayer HealthCare Pharmaceuticals, Inc.; January 2021. Available at <https://www.nubeqa-us.com/>. Accessed June 03, 2021.
2. National Comprehensive Cancer Network Drugs and Biologics Compendium. Available at: www.nccn.org. Accessed June 03, 2021.
3. National Comprehensive Cancer Network. Prostate Cancer Version 02.2021. Available at: https://www.nccn.org/professionals/physician_gls/pdf/prostate.pdf. Accessed June 03, 2021.

| Review/Revision History | Review/Revised Date | P&T Approval Date |
|---|---------------------|-------------------|
| Policy established. | 02/2020 | 03/06/2020 |
| Policy was reviewed: <ol style="list-style-type: none"> 1. Policy title table was updated. 2. Initial approval criteria I.A.4.a.ii added to include monotherapy prescribing method. 3. Continued therapy criteria II.A.1 was rephrased to “Currently receiving medication that has been authorized by RxAdvance...”. 4. Approval duration was updated in initial approval as well as in continued therapy approval. 5. References were updated. | 08/26/2020 | 09/14/2020 |
| Policy was reviewed: <ol style="list-style-type: none"> 1. Dosing Information dosing regimen was updated to include “For severe renal and hepatic impairment recommended dose is 300 mg twice daily...” 2. Statement about provider sample “The provision of provider samples does not guarantee coverage...” was added to Clinical Policy. 3. Initial Approval Criteria and Continue Therapy Approval Criteria were updated to remove HIM approval duration. 4. Continued Therapy Approval Criteria I.A.4 was updated to remove “as monotherapy...”.Appendix C was updated to include “Contraindications...” and “Boxed Warning...” 5. Appendix D was updated to include embryo fetal toxicity info, “Embryo-Fetal Toxicity: Nubeqa® can cause fetal harm...” 6. References were reviewed and updated. | 06/03/2021 | 09/14/2021 |

